

Monthly Highlights



October 2021

*so in Christ we, though many, form one body,
and each member belongs to all the others.
Romans 12:5*



Weekly Lessons in October

Sunday, October 3rd

1st Lesson: Job: 1: 1; 2: 1-10
Psalm 26
2nd Lesson: Hebrews 1: 1-4; 2: 5-12
Gospel: Mark 10: 2-16

Prayers of the people; this week we are praying for:

Trent Durham Youth Ministry Coordinator: Cormac
Culkeen and the young people they mentor
Nancy Hanes, Deb Harvey, William Harvey
Don Rose, Evelyn Underhill
We pray for our troops wherever they are posted.

Sunday, October 10th

1st Lesson: Job 23: 1-9, 16-17
Psalm 22: 1-15
2nd Lesson: Hebrews 4: 12-16
Gospel: Mark 10: 17-31

Prayers of the people; this week we are praying for:

Retired Clergy: The Rev. Ruth Adams, The Rev. Canon
Milton Barry, The Rev. Mary Bell-Plouffe
St. Andrew's Presbyterian Church – Interim Rev.
Sabrina Ingram
Catherine Hawley, Ross & Margaret Henning
Grace Bolton, Elsie Charlton
We pray for our troops wherever they are posted.

Sunday, October 17th

1st Lesson: Job 38: 1-7 (34-41)
Psalm 104: 1-9, 24, 35b
2nd Lesson: Hebrews 5: 1-10
Gospel: Mark 10: 35-45

Prayers of the people; this week we are praying for:

Retired Clergy: The Rev. Arthur Bromley, The Rev.
Bob Flowers, The Rev. Bob Hartley
Harold & Susan Hoar, June Houlton, Ted & Rene
Jackman
Betty Deane, Liz Gammack
We pray for our troops wherever they are posted.

Sunday, October 24th

1st Lesson: Job 42: 1-6, 10-17
Psalm 34: 1-8 (19-22)
2nd Lesson: Hebrews 7: 23-28
Gospel: Mark 10: 46-52

Prayers of the people; this week we are praying for:

Retired Clergy: The Rev. Canon Gloria Master,
The Rev. Cathy Stone, The Rev. Marvin McDermott
Ann Jakins, Mike Kollaard, John & Velta Krastins
Glen & Betty Hagerman
We pray for our troops wherever they are posted.

Sunday, October 31st

1st Lesson: Ruth 1: 1-18

Psalm 146

2nd Lesson: Hebrews 9: 11-14

Gospel: Mark 12: 28-34

Prayers of the people; this week we are praying for:

Retired Clergy: The Rev. Ron Meacock, The Rev. Bill Montgomery, The Rev. Alan Wotherspoon

Lakefield Baptist Church – Interim Rev. Peter Moore

Mike Low & Michelle McLean

Grace Hill, Eleanor Kerr

We pray for our troops wherever they are posted.



The Swim (An inspiring achievement shared by Gwen McMullen)

Wednesday, August 4th was a banner day for **Jill Best** as she accomplished the amazing feat of swimming the 52 km. across Lake Ontario. She entered the water at Niagara on the Lake and landed at Marilyn Bell park 18 ½ hours later. Jill is a liver transplant recipient and did this swim to raise awareness and promote healthy living after a transplant. She started the Move for Life Foundation which is dedicated to reducing the wait list for organ transplants. Angela, Jim and Sue's daughter had taught swimming to six year Jill and her sister Jenny who is four years older.

Bonnie, Jill's mother learned that she has HHT, a hereditary hemorrhagic telangiectasia and had a liver transplant in 2004. Jill developed symptoms in her early twenties and had a transplant in 2015.

Jim was moved by Jill's mission to swim across the lake and immediately the wheels started turning. What could he do to support this endeavor? Last summer Jim and Phil pulled an 18" diameter tamarac tree out of Jim's woods. He didn't know then but this was the last tree they would do together as Phil was diagnosed with an illness that would take his life this last April. Jim began making charcuterie boards with the exquisite grain of the tree in Phil's honour and selling them to donate to the cause. With his charming soft sell approach he sold 41 boards and raised just more than **\$8,000**. But he didn't stop there. On his 79th birthday he zigzagged with his paddle board beside Jill as she swam the cold waters of Lake Erie from Port Stanley to Port Bruce a distance of 16 kms. This took 5 hours, a feat for both Jill and Jim.

That was just one of the numerous swims that Jill would do as training. She had to get her body accustomed to the cold water. One time, wearing just her swim suit she swam for ½ hour at 3 degrees. Mike gave her a Pronne board to use when the COVID 19 restrictions didn't permit swimming in the pools and the water was still frozen in the lakes. She used this to build up shoulder strength.

At 11.00 p.m. on August 3rd the water was smooth as glass when Jill entered the water at Niagara on the Lake. In the final hours of her swim the water became choppy. At times she was making no progress. She was not told of this as it could have been very discouraging. A crowd of a hundred people started assembling on the shore of the Marilyn Bell Park just east of the CNE grounds eagerly waiting. They included relatives and friends of Jill's family, other donor recipients, Mike and Whitney with sons Xavier and Quinn who had just arrived home the night before from Banff at 10.00 p.m. along with Glen and me who joined Jim and Sue.

As she came into view there was great excitement and more clapping and cheering as she climbed out of the water. Her mother Bonnie wrapped her with a towel as she sat on a lawn chair on the pier. Marilyn Bell phoned to congratulate her. Several reporters interviewed her and took photos. We were amazed that she still had the energy. When one reporter asked "When did you know that you were going to make it?" She responded "As soon as I put my feet into the water." We were all astonished at the resilience of this beautiful young woman.

It's pretty hard to get a Sandusky excited but when I talked to Jim earlier today he said he hadn't come down yet!

